

news u can use...

from and for the women at pumc

january/february 2011



Brrr! Baby, it's cold outside! Or, at least it has been. I missed the beautiful snowfall here in the Sandhills over Christmas....but I know it was gorgeous! And the best part? It was gone in a few days, much unlike the snow that falls on our Northern friends!

I spent the holidays in the Chicago area and while enjoying the beauty of the snow I started thinking about the uniqueness of each snowflake. I have always heard that "no two snowflakes are alike".....could that really be true? I decided to "Google it" and found a very interesting article about "The Snowflake Man" Here is a short excerpt....

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"Wilson Bentley (1865-1931) was a farmer who did pioneering work in photomicrography. In 1885, Bentley became the first person to photograph a single snowflake, and went on to capture over 5,000 snowflake images during his lifetime (without finding two that were the same).

In 1931, Bentley, who became known as "the Snowflake Man," published over 2,000 images in his unprecedented book, "Snow Crystals." He said, "Under the microscope, I found that snowflakes were miracles of beauty; and it seemed a shame that this beauty should not be seen and appreciated by others. Every crystal was a masterpiece of design and no one design was ever repeated. When a snowflake melted, that design was forever lost. Just that much beauty was gone, without leaving any record behind,"

Bentley said of his work." I wouldn't trade places with Henry Ford or John Rockefeller for all their millions! And I wouldn't change places with a king: not for all his power and glory. I have my snowflakes!" - Wilson A. Bentley, Jericho, Vermont (1865-1931)

I hope this gives you a better appreciation for the little things that God has created! Enjoy the next snow! Carla

*The heavens declare the glory of God, the skies
proclaim the work of his hands.
Psalm 19:1*

our God's wonders...



In her book *Experiencing God's Tremendous Love*, Maureen Conroy advises us to "become deeply absorbed in creation" as a way of experiencing God's goodness and love.



***OUR GOD
IS AN
AWESOME
GOD!***

***ALL SNOWFLAKE PHOTOS
ARE FROM
SNOWCRYSTALS.COM***

1 Chronicles 29:11

Yours, O LORD, is the greatness and the power and the glory and the majesty and the splendor, for everything in heaven and earth is yours. Yours, O LORD, is the kingdom; you are exalted as head over all.

getting to know you...

Pinehurst United Methodist Women have been blessed with outstanding leadership, and we thank God that Beverly Bizzell and Pam Martin have willingly accepted the positions of President and Vice-President for this new year. We look forward to their leadership and hope you enjoy getting to know them better.



BEVERLY BIZZELL PUMC-UMW PRESIDENT

Where were you born? Oklahoma City, OK
How long have you lived in the Sandhills? 34 + years

Your favorite local restaurant.....because... That is really difficult because I like so many of them!

However, I really enjoy going to Beefeaters. It is owned by a local family and has consistently good food and service for a reasonable price. It also has lots of variety on the menu and the BEST

Tell us about your family...and your pets... I have been married for 14 years to my husband Chuck (Barnes). I am also still blessed to have both of my parents still living (Durham) and doing well. I have two younger brothers

(Durham and Tampa, FL). Though I have no sisters I was blessed with 5 wonderful sister-in-laws! I have two rescue cats (Abby and Sadie) that rule the roost!

What is your present and/or past occupation? After graduating from UNC-Chapel Hill I began employment in 1976 with the State of North Carolina as a public health dental hygienist serving Moore and Montgomery Counties. This position involves providing dental screenings for children and assisting them with finding sources of dental treatment. I also spend a great deal of time providing education to both children and adults in the community. On occasion we have been able to set up portable dental equipment in a local school and provide dental sealants to the teeth of selected students. I am in my 35th year of employment and look forward to retiring

Any special accomplishments or awards? In 1975 I won a state-wide contest when the NC Travel and Tourism program was looking for a new state travel slogan. I was the winner of over 4,000 entries for my slogan, "The best of the South is North North Carolina!" My family and I won a week's trip traveling around to various vacation spots in North Carolina to include a stay at the Pinehurst Hotel!

I have also been selected for a few other various awards/recognition both with my public health career and military career. (Unfortunately none of them came with a monetary award!)

What are your hobbies and special interests? I enjoy reading, singing, dancing, listening to music, photography and hanging out with my girlfriends.

Tell us about a special friend or event at PUMC. Pam Martin is a very dear friend with whom I hold a special bond. We have known each other since the mid-70's. It has been wonderful having her back here in Moore County after many years of living in

How did you "end up" at Pinehurst UMC? Bob Bundy was the minister at my home church (Carr UMC) in Durham when I was in my teens. I would see his wife Inez and daughter Lori McElroy in my travels to the schools here in the county. Through them I kept up with Steve (McElroy's) involvement with the start-up of the church here. A few years later Chuck and I decided to join after visiting with our good friends and neighbors, Bob and Jeane Romberger.

getting to know you, continued

BEVERLY, continued

Anything else you want us to know? I served in the North Carolina Army National Guard for 30 years. I was enlisted for approximately 12 years serving as a dental hygienist and later as a medic in a medical unit. After receiving my commission I served as an administrative officer in a dental unit, manager for the Family Support program, Plans and Operations officer and the Equal Opportunity program manager. I retired two years ago with the rank of Lieutenant Colonel.

I received a Masters degree in Counseling Education from East Carolina University in 1981. Though I have never used this degree professionally, I occasionally try out my skills on my husband and friends - usually to no avail!

PAM MARTIN, PUMC-UMW VICE-PRESIDENT AND RETREAT CHAIRPERSON

Where were you born? I was born right here in Pinehurst at what was then known as Moore Memorial Hospital, now First Health.

How long have you lived in the Sandhills? I grew up here. After college, I returned to teach at Pinecrest High School, from which I graduated four years earlier. After six years of teaching there, I decided to return to school to pursue a Master's degree in Educational Administration. That move led me to a teaching job in Reidsville, NC and later an assistant principalship. My husband and I moved back to Moore County in 2008.

Your favorite local restaurant because... I enjoy going to Dugan's in Pinehurst. Love their salads!!

Tell us about your family and your pets. My husband, Bob, is a retired French and English teacher. We have a four-legged "daughter": our Scottie, Callie. My mother, Betty, lives in Pinehurst, and Bob's family is in Montgomery County.

What is your present or past occupation? I am a retired educator. I spent 20 years teaching English on the high school level. I taught everything from Advanced Placement to remedial. I served as a high school assistant principal for the last part of my career.

What are your hobbies and special interests? I love to read. I also enjoy writing; I have kept a journal for many years. I like going to estate sales, tag sales, yard sales...I never know what treasure I will find. I am interested in Bible study, and I try to practice healthy living.

Tell us about a special friend or event at PUMC. I have known Beverly Bizzell since the 70's. I feel so blessed to be serving as an officer along with Beverly.

How did you "end up" at PUMC? My mother is a member.(Betty Martin). When I visited her, I'd attend church. After moving back to Moore County, Beverly invited me to a retreat, and I knew I had found a church home.



Aurora Circle:

- Quilting/banner making,
- 2nd Mon., 9:30 AM.
- Contact Judy Forster, 215-9977.
- Check out their most recent project on page 11

Evening Circle:

- 4th Monday, 7:00 PM,
- Contact: Jeanette Schoonover, 947-2685;
- Child care available.
- Please continue to pray for new study material and for the direction of leadership for the coming year.
- They will be finishing their current study book in January.

Friendship Circle:

- 3rd Wed. afternoons, 1:00 PM
- Contact Pam Martin, 400-5138
- This group of ladies enjoyed a wonderful fellowship time at their Christmas luncheon in December. There's nothing better than a potluck!
- They are studying "When God Speaks" by Richard Blackaby.
- In January their mission project will be collecting donations for the Sandhills Coalition. They are in special need of any gently used warm clothing and new socks and underwear. All sizes are needed.

PUMC chicks can do
egg-stra-ordinary
things together!



The Ladies Bible Fellowship

- Contact Dorothy Werkmeister at dacwerkmeister@hotmail.com or 910-400-5050.
- Meets each Thursday at 9:30AM at the West Side Park Community Center in Seven Lakes West and will resume on January 13th with Chapter 6.
- Currently they are studying a Beth Moore DVD based study on Esther: "It's Tough Being A Woman." This is an in-depth study with a workbook format requiring one and a half hours of outside reading each week.

All ladies are welcome to join and now is a good time!

Knitting Group:

- Tuesdays, 1:30 PM
- Contact Dita Mc Gaughey, 673-4716
- Come every (or any) Tuesday afternoon to knit baby & preemie hats for the hospital, baby blankets for PUMC Christenings and the Life Care Pregnancy Center, scarves and prayer cloths for the military, blanket squares for the orphans in Zimbabwe, and shawls for our church family and Hospice.
- Or, knit (or crochet) your own project.

Card Ministry:

- Send congregational greeting cards
Contact Dita Mc Gaughey, 673-4716

You are welcome to attend
any or all
of these groups!

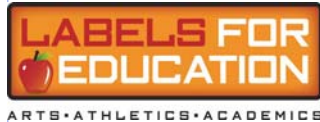
BE A PART OF UMW

Soon you will receive a letter from Beverly Bizzell, the 2011 President of our UMW. She will be asking YOU to become more involved with our UMW. There are various ways to be connected with our PUMC women. Join a Circle. Attend a Bible study. Volunteer for UMW activities that come up. Pray for the women's ministries within our congregation, our district, our conference, and missionaries serving around the world. Make a dollar donation to support those missionaries, and to help with local projects. In the past we have made Layettes that went to Robeson Community and Church, Sewing Kits and Health Kits that were delivered to El Camino UMC in Siler City, Health Kits for the victims of the disaster in Haiti. We have helped with the school store at El Camino, and provided a shower of gifts to Habitat, Coalition, Friend to Friend and Life Care Pregnancy. The needs are endless. And our calling is endless too! So, when the letter from Beverly arrives in your mail box, read it carefully and prayerfully respond. Thank you.

YOUR TRASH... SOMEONE ELSE'S TREASURE!

Collecting label UPC codes , and can tabs is a pretty small task but the eventual rewards from such a collection can be huge when it's done by the whole North Carolina Conference UMW!

UPC codes found on most Campbell's products can be redeemed for educational supplies for Methodist University, Fayetteville. Whole labels are not needed. Just bring in the UPC code



in the "dotted" area from any of these products: Campbell's Soups and Chunky Soups, Chili, and Supper Bakes, Select Harvest Soups, V* products, Prego, Pepperidge Farm, Franco American gravies, Swanson products, and Spaghetti's.

"Labels for Education" have some new partners, so save the UPC code from BIC products, POP-SECRET popcorn; and POST products also.



Beverage and can tabs are "cashed in" for much needed supplies for the Ronald McDonald House in Greensboro, used by families with children in critical health situations.

Please drop these labels and tabs in the provided collection containers in the church kitchen.

E- PRAYER CHAIN

Contact Nancy Bowling at nbow@nc.rr.com, with your prayer requests and she will send your request out as an email so PUMC women can be praying.

"He shall call upon me, and I will answer him..."

January 22nd 9am -1pm DISTRICT MISSION STUDIES at St. Lukes UMC, Sanford

•Each year we, as United Methodist Women members, prepare ourselves for faithful living and action through participation in mission studies. Three mission studies are offered: a geographical, social issue, and spiritual growth study. these studies motivate, inform, and encourage us in our commitment to global ministry. These annual mission studies are very worthwhile. The three studies to choose from this year are: *Joy to the World: Mission in the Age of Global Christianity*, led by Rev. Laura Early. *Beauty and Courage of Sudan: Why A Dream of Peace is Possible*, presented by Angela Crisp-Sears from Pittsboro; and *For the Love of God: John's Letters*, led by Rev. Ray Gooch of Browns Chapel. Last year 5 PUMC women attended. We hope to have even more this year. There is no charge. You need only take a sandwich for your lunch. We will car pool from the church. To attend, please contact Ann Morse at 692-3794 or ormorses@coastal.com by Jan.19th .

January 26th 11:30am FUND RAISER LUNCHEON FOR FRIEND TO FRIEND at CCNC

This local organization assists abused women and their children by providing a safe place to stay while they are in transition. Won't you join us for this free luncheon, where your generous donations will be appreciated and be put to good use, caring for these victims? Ann Friesen, Director, will be speaking. If you would like to join us, contact Peggy Raney at 295-4946, orbpraney@nc.rr.com, or Pam Martin at 400-5138, or pmartin54@nc.rr.com. Deadline to RSVP is January 14th, so please act now.

February 15th 6pm It's CEO and UMW time!
Here comes another Chicks Eating Out event. .

It's CHICKS AND CHILI night!



Chicks and Chili

Mark your calendar for Tuesday, February 15th. Then sign up soon (at the "blue table" in the narthex) to bring chili, salad, cornbread, dessert, and/or a friend!) We will enjoy a laid back evening of Valentine fun, food fellowship, and a featured speaker. while we're enjoying the chili soup, we'll hear about another soup - one that reaches out to help others. Carolyn Gourley from Page Memorial UMC will join us to explain their new Soup Kitchen in Aberdeen. They could use more helping hearts and hands. If you are interested in assisting in this ministry, we are invited to do so. Sign up now. Please contact Joan Secrest, 420-2280 or joan.secrest@nc.rr.com. UMW officers have chosen to assist with this ministry for our 2011 mission project. The local need is great. Our hands can be busy. And our hearts are overflowing. Won't you help? We'll talk about this soup ministry at our Chicks and Chili event, as well as other UMW possibilities. Bring your ideas, suggestions, and willing heart and hands. We hope we'll see you on the 15th of February.

PINEHURST UMW LEADERSHIP TEAM - 2011

President—**Beverly Bizzell**—692-1777—bizzellb@nc.rr.com
Vice-President and Retreat Chair—**Pam Martin**—400-5138—pmartin54@nc.rr.com
Treasurer and Aurora Circle Rep—**Joan Secrest**—420-2280—joansecrest@nc.rr.com
Secretary—**Penny Johnson**—673-3832—penem@nc.rr.com
Missions and Social Action—**Ann Morse**—692-3794—morses@coastalnet.com
Spiritual Life Coordinator—**Nancy Bowling**—673-1887 -nbow@nc.rr.com
Evening Circle Rep—**Jeanette Schoonover**—947-2685—jeanette156@yahoo.com
Friendship Circle Rep—**Carole Dye**—255-6702—cdye001@nc.rr.com
Young Women's Rep—**Holly Reed**—420-2031—uacatsm@yahoo.com
UMW Publicity—**Kathy Bollenbacher**—295-3216—kathybollenbacher@yahoo.com
"news u can use"—**Carla Jones**—235-3821—pinewildcarla@gmail.com



PURPOSE of UMW

The organized unit of United Methodist Women shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

Action Alert for January from Tanya Alvord the Sanford District President of UMW...

Being a part of the Action Alert is part of the Mission Today program.

But more importantly it encourages us to use our collective voices for justice. The Sanford District has around 1490 UMW members. Can you imagine what our elected officials would do if we all joined together to support a certain piece of legislation? And guess what, with the form of government that we have, we are supposed to.

Make a pledge this year (not a resolution!!) to contact one elected official to express your opinion about an important topic that is close to your heart. Also, ask your minister to see the UM Book of Resolutions if you don't own one. It is a guide book for us as United Methodists and you need to know what is in it.



Happy New Year, dear sisters! Have you made your resolutions yet? If not, may I suggest incorporating a daily devotion into your schedule? While there are many from which to choose, I'd like to share two of my favorites.

Hope for Each Day (Words of Wisdom and Faith) by Billy Graham (copyright 2002)

In the preface, Billy Graham describes his desire to walk with God every day: "What a joy it is to wake up in the morning and know He is with me, no matter what the day has in store." Dr. Graham writes that he tends "to dwell upon all the good things"

God has done for him when he thinks of God's love. However, he points out that "even when circumstances have been hard or the way unclear, God has still surrounded me with His love. God's love is just as real and just as powerful in the darkness as it is in the light. And that is why we can have hope."

Each day's devotion includes a title and a verse of scripture. Some contain personal stories from Dr. Graham's life. In others, he shares poems, anecdotes, explanations of scripture, and quotations. Dr. Graham challenges the reader to use this book to find encouragement and hope and to live more fully for Christ every day.

My Utmost for His Highest by Oswald Chambers (copyright 1935)

Don't let the copyright date of this book put you off. This is one relevant book of devotions! Let me tell you plainly: I love this book! In the introduction, Richard Halverson, a former Chaplain in the U.S. Senate, writes, "No book except the Bible has influenced my walk with Christ at such deep and maturing levels." He goes on to say that the strength of this book "lies in its stubborn insistence on the objective reality of redemption as the only secure foundation." Chambers reminds us "that the ground of faith and experience is in the person of Jesus Christ."

The reading for January 1st includes this statement: "Shut out every other consideration and keep yourself before God for this one thing only- my utmost for His highest." As you can see, Chambers doesn't mince words. He gets right to the heart of the matter.

Like Hope for Each Day, each devotion is titled and includes a verse of scripture. Chambers examines a variety of subjects, which are indexed in the back of the book. In addition, there is an index of Biblical References. I find these to be very useful.

Sometimes as I read Chambers I exclaim to myself, "Well, I have felt that very same way!" Sometimes I think, "What in the world does he mean by that?" Other times an unfamiliar allusion will send me off on a mission to chase down its meaning. And sometimes I laugh out loud. Oswald Chambers tells it like it is. He will step on your toes. He will make you examine your relationship with God. He will make you think about your spiritual life. You cannot read this book and be unmoved.

As I read these excellent books this year, I will keep my highlighter and pen handy. I like to mark passages that are especially meaningful to me. I write in the margins. I circle and underline. I insert exclamation points and question marks. In short, I personalize my books.

So, dear sisters, I encourage you to pick up a daily devotion, make it part of your routine, and make it your own! Happy reading!

Helpful hints for your use and/or share it with friends or family
who might be driving in areas with cold, bad weather:

- Keep your headlights clear with car wax! Just wipe ordinary car wax on your headlights. It contains special water repellents that will prevent that messy mixture from accumulating on your lights - lasts 6 weeks.
- Squeak-proof your wipers with rubbing alcohol! Wipe the wipers with a cloth saturated with rubbing alcohol or ammonia. This one trick can make badly streaking & squeaking wipers change to near perfect silence & clarity.
- Ice-proof your windows with vinegar! Frost on it's way? Just fill a spray bottle with three parts vinegar to one part water & spritz it on all your windows at night. In the morning, they'll be clear of icy mess. Vinegar contains acetic acid, which raises the melting point of water---preventing water from freezing!
- Prevent car doors from freezing shut with cooking spray! Spritz cooking oil on the rubber seals around car doors & rub it in with a paper towel. The cooking spray prevents water from melting into the rubber
- Fog-proof your windshield with shaving cream! Spray some shaving cream on the inside of your windshield & wipe it off with paper towels. Shaving cream has many of the same ingredients found in commercial defoggers.
- De-ice your lock in seconds with hand sanitizer! Just put some hand sanitizer gel on the key & the lock & the problems solved!
 - Thanks to Nancy Bowling for this great article!
- Hopefully, we won't need this advice but we can send it to our Northern friends and family!

Don't forget that these "stuff" pages are for your contributions! Please share a great recipe, a book or article that you have read, maybe a great website that you have

FYI

"news u can use" will come to you bi-monthly this year. We will be doing a "news u can use FLASH" when we have something to tell you that just can't wait!

For since the creation of the world God's invisible qualities-his eternal power and divine nature-have been clearly seen, being understood from what has been made, so that men are without excuse.

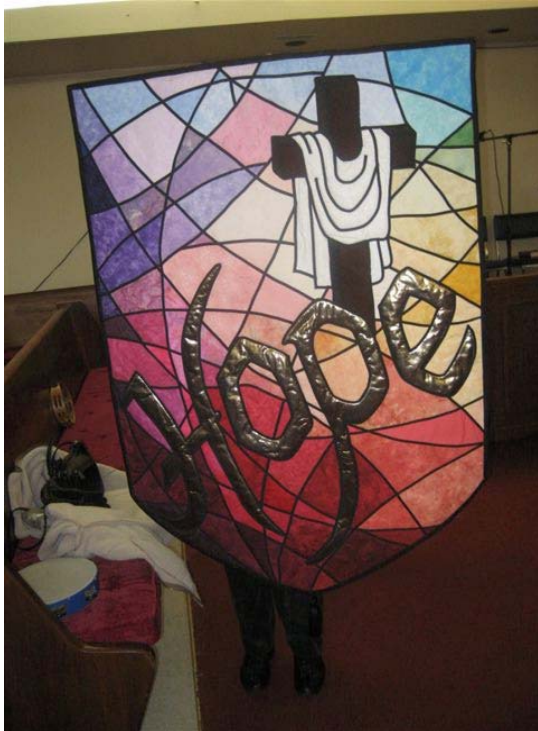


Romans 1:20



A snowflake is one of God's most fragile creations, but look what they can do when they stick together!
Author Unknown

and even more "stuff"!



FROM Joan Secrest...

Here are the pictures I took yesterday when the Aurora Circle delivered the Hope banner to the El Camino church in Siler City. Those attending yesterday were: Janet Clark, Laura Duffy, Judy Forster, Clara Hardt, Marilyn Mahan, Joan Secrest and Alice Wood. Another member who worked on this lovely banner, Claire McConnel, was unable to attend.

I am also sending to you a letter from the pastor thanking us for the banner. A representative of his congregation accepted the banner for him since he was called away for an emergency.

In a small way we felt blessed in creating this banner for El Camino. We are sharing our Hope with them for a blessed Christmas and New Year.

Here is the thank you note from Rev Pantoja

> Dear Judy Forster,
> Thank you so much for the banner, it is beautiful! and my deepest apology for not being able to be with you this morning, I arrive so late last night and I did not check my emails. I was so concern of one of my member who went for surgery yesterday and I left him in a very risk condition, praise God that he is improving his health, last night was kind of difficult and Doctors want to watch him in the intensive care unit. So that is why I asked one of my member to take care of you, and I had to cancel our Bible class this morning for this reason, please forgive me.

Tonight we had our Bible study and my people were so happy to see the nice banner and want to thank you all for your love to us. Again thank you so much and God bless you

> P Daniel

(Pastor Daniel Pantoja- El Camino UMC in Siler City)



The inscription on the back of the banner read: "The Aurora Circle of Pinehurst United Methodist Church gives this HOPE banner to the El Camino Church with love and hope for a wonderful future for them."

We thank you, Aurora Circle, for creating such a beautiful banner to share with our fellow Christians at El Camino. What a beautiful reminder of the "living hope" that we share through Jesus Christ.

and the last, but not the least of our "stuff"

At the Friendship Circle Christmas luncheon last December there was lots and lots of yummy things for us to feast upon....but one dessert stood out. It was Norma Johnson's "Pumpkin Tiramisu". She shared the credits with "Taste of Home". You will not be disappointed when you make this recipe!

1-1/2 cups heavy whipping cream
2 packages (8 oz each) cream cheese, softened
1 can (15 oz) solid pack pumpkin
3/4 cup milk
1/2 cup packed brown sugar
4 tsp pumpkin pie spice, divided
2 tsp vanilla extract, divided
1 cup strong brewed coffee, room temperature
2 packages (3 oz each) ladyfingers, split or (poundcake per Norma)
1 carton (8 oz) frozen whipped topping, thawed
Additional pumpkin pie spice

1—In a large bowl, beat cream until stiff peaks form; set aside. In another bowl, beat the cream cheese, pumpkin, milk, brown sugar, 1 tsp pie spice and 1 tsp vanilla until blended. Fold in whipped cream.

2—In a small bowl, combine coffee and remaining pie spice and vanilla; brush over ladyfingers. In a 3 qt trifle bowl, layer a fourth of the ladyfingers, pumpkin mixture and whipped topping. Repeat layers two times. Sprinkle with additional pie spice.

3—Cover and refrigerate trifle for 4 hours or until chilled.

Yield: 16 servings



"LET'S DO DINNER"

(replacing Souper Suppers) has formed groups for February through May. However, we welcome people that would like to substitute in a group as needed.

These dinner groups are designed as an opportunity for our church family to develop and deepen friendships .

If you have questions or would be interested in being on the "sub list" please email Carla Jones at pinewild-carla@gmail.com or call 910-235-3821 for more information.

prayers of praise and concern

Thank you for your praise and prayers!
Nancy Bowling, PUMC-UMW Spiritual Growth Coordinator nbow@nc.rr.com
“Devote yourselves to prayer...” Colossians 4:2

A New Year - a New Beginning - a time for a new or renewed commitment to surrender our lives to God and live according to His will. That includes “worn-out knees”. Even if we are not physically able to kneel while praying we can daily seek a time and place of quiet solitude and bow our heads and hearts before Him. While offering prayers of praise, confession, thanksgiving and intercession, we need to remember to pause and listen for God's message to us. I pray that each of you will be richly blessed in your prayer life in 2011.

Our Heavenly Father, we thank and praise you for:

- all of Your gifts and blessings, including beautiful NC blue skies and majestic pines sometimes topped with pristine snow, even in the Sandhills
- the music ministry and friendship of Roger and Jean Hicks
- all persons at PUMC who volunteer to participate in our ministry of music
- Reverend Banks and his family and all of our PUMC staff
- Each person who responded positively to the Nominating Committee on Lay Leadership to serve in numerous positions and capacities at PUMC
- Everyone who supported the Angel Tree and Samaritan's Purse Shoe Box ministries
- Kathy Bollenbacher's service as UMW President, for Beverly Bizzell accepting the position as the new President, for all of the UMW officers and PUMC women who will be participating in UMW during the coming year
- the marvelous service and ministry of the Altar Guild
- all who assisted with PUMC Christmas decorations and services.
- The successful Stewardship Campaign

Father, we pray for:

- all who are listed in our PUMC Bulletin under “Prayers of our Hearts”
- safe travel and an easy move for Roger and Jean as they go to Arizona and for Your blessing on their new ministry.
- The youth and children in our church
- Mary Zigbuo (and her husband, Herbert) who has been serving the past 3 years in UMW International Missionary Ministry in Liberia, providing educational opportunities for persons with disabilities. Due to health reasons she is awaiting reassignment for mission service in a non-tropical climate.
- Those in NC and our nation who are suffering hardships during these difficult economic times and for support of organizations assisting them
- Those women attending the District Mission Studies in Sanford on January 22nd.

I leave you with this closing thought taken from *The Upper Room*, November 17, 2010:
“Praying friends hold us up when we cannot stand on our own.”

Please e-mail prayers of Praise and Concern
to Nancy Bowling, PUMC-UMW Spiritual Growth Coordinator: nbow@nc.rr.com
Please update Nancy with follow-ups for your prayer requests Thank you!